

INFOPACK



HELPING THE HELPERS

NEW TRENDS ON CIVIC EDUCATION

4-9 JULY 2016
SALAMANCA, SPAIN



Cofinanciado por el
programa Erasmus+
de la Unión Europea



MINISTERIO
DE SANIDAD, SERVICIOS SOCIALES
E IGUALDAD



I. VENUE

We will stay at:

Aula Magna Residence
Calle San Pablo, 90
Salamanca, Spain
Telephone: (34) 923 21 72 53
Web: <http://www.residenciaaulamagna.com>



The **accommodation is in a double room** with private bathroom.

The **residence provide blankets and towels**.

In the residence you have the possibility to purchase toiletries (in case you need it).

II. DOCUMENTATION

Please bring with you all tickets and boarding passes relating to your travel, so our National Agency can verify the travel arrangements. **The rule is to keep everything!** You have to **give all the boarding passes to Alonso Escamilla**, Project Coordinator of BB&R.

On the other hand, **don't forget you Passport/ID and EHIC Card**.

III. WHAT TO BRING

1. Essential items

- Passport/ID
- Travel insurance document and **EHIC Card**

2. Internet

- There is an internet connection (WIFI) available at the Residence. You are more than welcome to bring your own laptop or other portable devices.

3. Toiletries

- Washing things - toothbrush, toothpaste, soap, shampoo, shower gel, etc. We encourage you to bring small items, so you can travel with them inside the plane.
- **Blankets and towels will be provided by the Residence**.

4. Medication

- Remember to bring any medication you are taking (if it is serious medication let the staff know).

5. Adaptor

- From UK participants, remember to bring a power adaptor for electrical items. This is a two point adaptor and can be purchased in most travel stores and airports.

6. Money

- All food, transport and activities are provided by BB&R. Nevertheless, you may need some money for gifts, additional refreshments, drinks or extra food.

7. Information

- You are more than welcome to bring and share documents about your organisation and work. Please be aware that there is no specific time in the activity programme to present this information, so we encourage you to do it in the informal time of the project.

8. Essential!

- Positive energy!
- Respect for others!
- Sense of humour!
- Your true self!

IV. ARRIVAL TO SALAMANCA

You will arrive to the Salamanca Bus Station. In this regard, **BB&R Staff will be waiting for you at the Bus Station**, in order to accompany you to the residence.

V. WEATHER

The weather in Salamanca at this time of year is hot (**around 25-30 degrees**). Nevertheless, it can vary from day to day. You can see the weather in the following link:

<http://wxch.nl/27SY8Mr>

VI. SALAMANCA PRICES

We give some reference about the costs in Salamanca, so you can take account into your budgeting:

- 1 coffee and tapa is approx.: 2,50 EUR.
- 1 McDonalds meal is approx.: 5 EUR.
- 1 Snickers chocolate bar is approx.: 1 EUR.
- 1 single ride on public bus is approx.: 1,10 EUR.

X. FACEBOOK GROUP

You can join the **Facebook Group of Helping the Helpers** in the following link:

<https://www.facebook.com/groups/254441878261115/>



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VII. SOME SPANISH

Here you can find some Spanish words that can save you at any time:

ENGLISH	SPANISH	ENGLISH	SPANISH
Hello	Hola	Coffee	Café
How are you?	¿Cómo estás?	Water	Agua
Thank you!	¡Gracias!	Good morning	Buenos días
Please	Por favor	Good night	Buenas noches

VIII. COORDINATION CONTACT

In case of any inconvenience before and during the travel to Salamanca, **Alonso Escamilla** is the contact person.

- Mobile & Telegram: (+34) 660 080 637
- Residence: (34) 923 21 72 53
- Office: (+34) 923 194 455
- Email: aescamilla@bbyr.com

IX. EMERGENCY CONTACTS

In case of any emergency, you can contact also the following numbers:

- Police: (+34) 923 127 700
- Firefighters: 080
- Red Cross: (+34) 923 222 222
- Hospital Santísima Trinidad: (+34) 923 269 300
- Taxi: (+34) 923 250 000

XI. PROJECT SUMMARY

1. Countries

- Greece - Academy of Entrepreneurship
- Spain - Biderbost, Boscán & Rochin
- United Kingdom - Momentum World

2. Objective

- To organise a comprehensive training course for youth workers about new trends and strategies to develop civic competences in the new generations of Europeans.

3. Participants

- The training course will gather teachers, professors, youth workers, trainers, youth leaders and/or educational/vocational guidance practitioners working, specially, among youngsters at secondary level.

4. General Coordinator and Trainer

- The project will be implemented by
 - **Pablo Biderbost**. PhD in Political Science from the University of Salamanca, Professor and Researcher at Comillas University and Founder Partner of BB&R.

5. Executive Coordinator

- The project will be coordinated by
 - **Alonso Escamilla**. PhD Candidate in Youth Policies from the University of Salamanca, Youth Worker and Project Coordinator of BB&R.

6. Contents

- The participants will acquire, practice and enhance their knowledge/competences regarding the following five civic competencies: (1) political knowledge, (2) political attention/interest, (3) political participation, (4) political efficacy and (5) political tolerance.
- The training course will have the following structure: (a) conceptual/empirical definition and importance of the civic competence; (b) its records in European population with special emphasis in youngsters; (c) new off-line trends/tools to develop them, and (d) new on-line trends/tools to develop them.
- On the other hand, the training course also contemplates two more aspects. First, the exchange of experiences and best practices among the participants. Second, facilitate the generation of innovative ways/tools/instruments to promote the civic competences by the participants.

XII. ACTIVITY PROGRAMME

HOUR		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:30 - 9:00	Arrival Participants	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9:30		Welcome Presentation & Knowing each other	Practicing Political Knowledge	Knowing Democracy OS - Platform	Practicing Political Tolerance and Efficacy	Departure Participants
11:00 - 11:30		Break	Break	Break	Break	
11:30 - 13:30		General trends on civic education and civic empowerment	New tools/trends in Political Attention & Political Participation	New tools/trends in Political Efficacy	Erasmus+	
13:30 - 15:00		Lunch	Lunch	Lunch	Lunch	
15:00 - 16:00		New tools/trends in Political Knowledge	Practicing Political Attention and Participation	New Tools/Trends in Political Tolerance	Generating Projects in Civic Education	
16:00 - 16:30		Break	Break	Break	Break	
16:30 - 17:30		Feedback & Reflexion Time	Feedback & Reflexion Time	Feedback & Reflexion Time	Feedback, Reflexion Time & Evaluation	
18:30 - 20:00		Walking City Tour (19:00)	Visit to Salamanca Cathedral	Visit to San Esteban Convent	Dinner (19:30)	
20:45 - 21:45	Dinner	Dinner	Dinner	Dinner	The Cave of Salamanca and Casa Lis Show	
22:00	Free night	Free night	Free night	Free night		



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INSTRUCTIONS TO TAKE THE BUS AT THE AIRPORT

ARRIVING AT TERMINAL 1

1. If you arrive to Terminal 1 of Madrid Airport, you just have to go to the left and go outside by the last electric door of Terminal 1.
2. Once you are out, you have to cross the road full of taxis and then go to the left, walk a little bit and then go to the right crossing the bushes.
3. Then you will see the red-white crosswalk conducting to the Bus Parking.
4. Once you are in the Bus Parking, you will see a red-white bus with the name of AvanzaBus. You just have to look at the front of the bus and see if that bus go to Salamanca.

ARRIVING AT TERMINAL 2

1. If you arrive to Terminal 2 of Madrid Airport, you have to walk through the terminal to Terminal 1. Please, follow the indications of the airport.
2. You will arrive to Terminal 1 at the floor of departures. Please go down to the floor of arrivals. Once you are in the arrival floor, walk through the terminal until you reach the last door of Terminal 1.
2. Once you are out, you have to cross the road full of taxis and then go to the left, walk a little bit and then go to the right crossing the bushes.
3. Then you will see the red-white crosswalk conducting to the Bus Parking.
4. Once you are in the Bus Parking, you will see a red-white bus with the name of AvanzaBus. You just have to look at the front of the bus and see if that bus go to Salamanca.

ARRIVING AT TERMINAL 4

1. If you arrive to Terminal 4 of Madrid Airport, you have to take the Free Shuttle Bus between the terminals to go to Terminal 1.
2. The bus between terminals is at floor 0 (arrivals), on the same floor you arrived. You just have to go out through the main exit that is in front of the arrival gate.
3. Once you are out, you have to pas the road full of taxis and then go to the left, until you see the green-blue bus that is the Shuttle bus between terminals.
4. Then you just have to get out of the bus at Terminal 1. You will arrive at Floor 1 (Departures).

5. You will arrive to Terminal 1 at the floor of departures. Please go down to the floor of arrivals. Once you are in the arrival floor, walk through the terminal until you reach the last door of Terminal 1.
6. Once you are out, you have to cross the road full of taxis and then go to the left, walk a little bit and then go to the right crossing the bushes.
7. Then you will see the red-white crosswalk conducting to the Bus Parking.
8. Once you are in the Bus Parking, you will see a red-white bus with the name of AvanzaBus. You just have to look at the front of the bus and see if that bus go to Salamanca.

NOTES

1. In order to have a more clear picture of the instructions, you can find the following images of Madrid Airport.
2. BB&R Staff will be waiting for you at the Salamanca Bus Station to conduct you to the venue.

**Terminal
4**

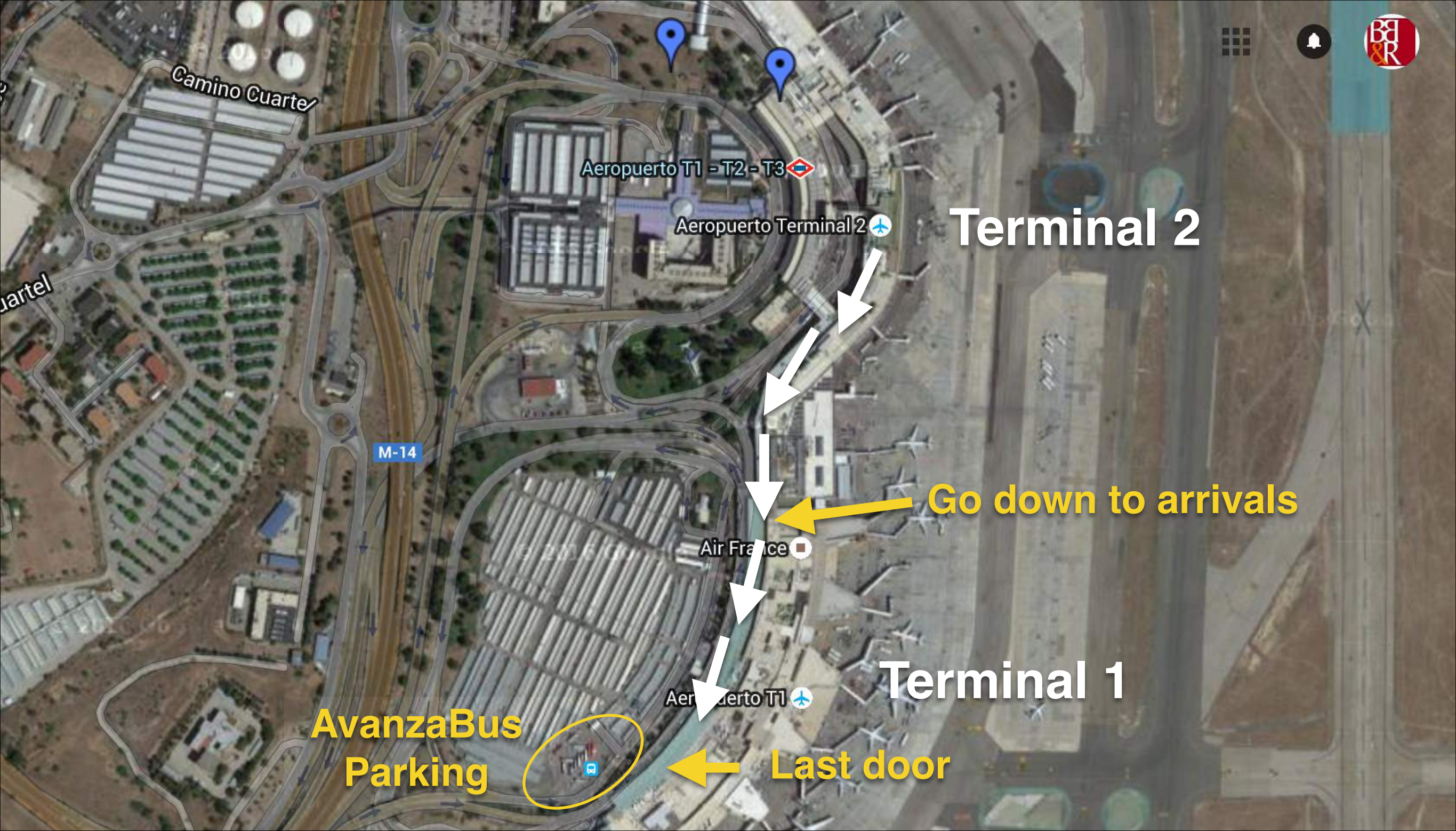
Shuttle Bus



Arrivals Gate

Main Entrance





Camino Cuarter

Aeropuerto T1 - T2 - T3

Aeropuerto Terminal 2

Terminal 2

M-14

Go down to arrivals

Air France

Aeropuerto T1

Terminal 1

AvanzaBus
Parking

Last door

From Shuttle Bus

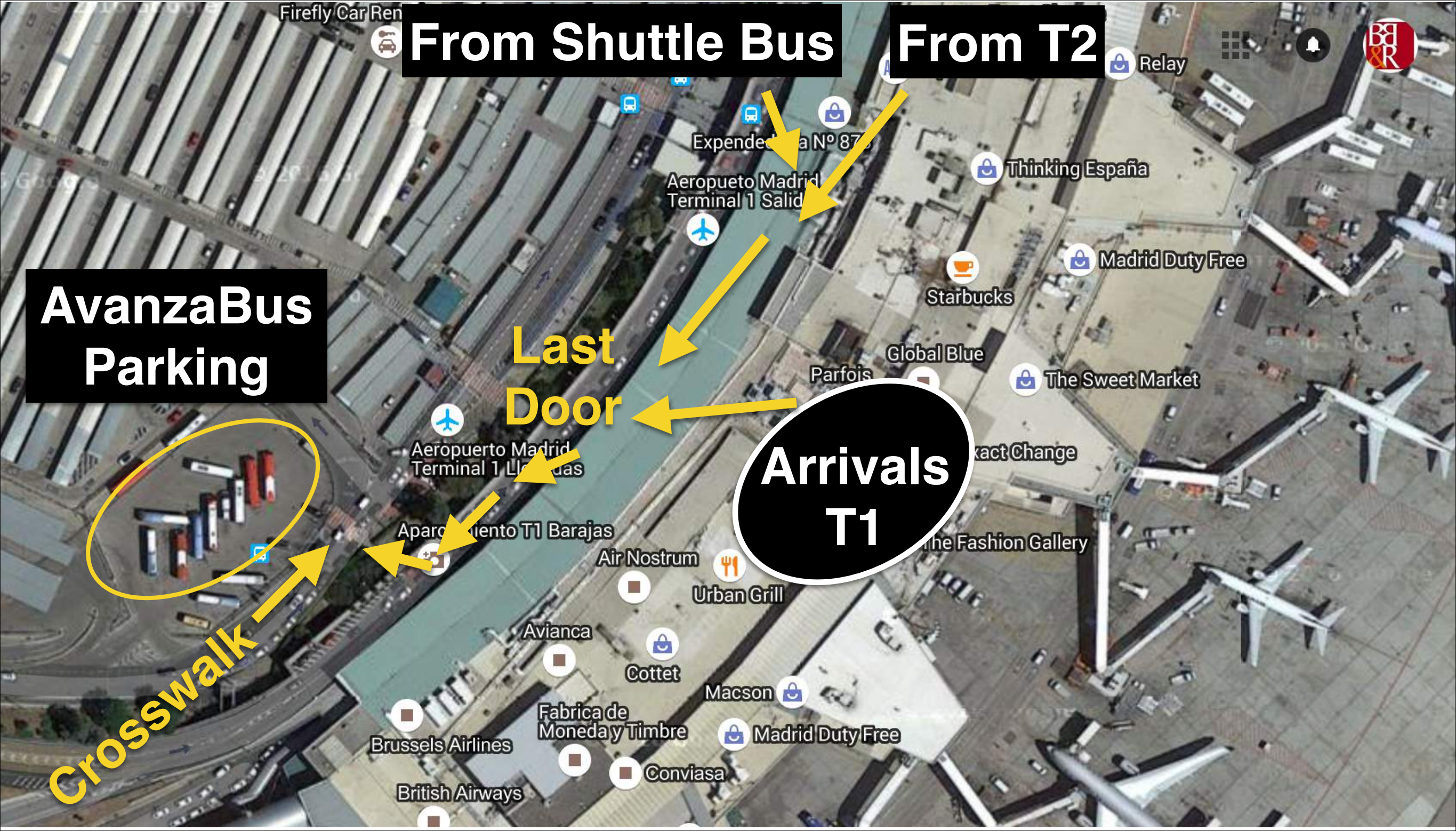
From T2

**AvanzaBus
Parking**

**Last
Door**

**Arrivals
T1**

Crosswalk



From T2 & Shuttel Bus

**AvanzaBus
Parking**

**Arrivals
T1**

Last door

Crosswalk

Aeropuerto Madrid
Terminal 1 Llegadas

Aparcamiento T1 Barajas

Urban Grill

Air Nostrum

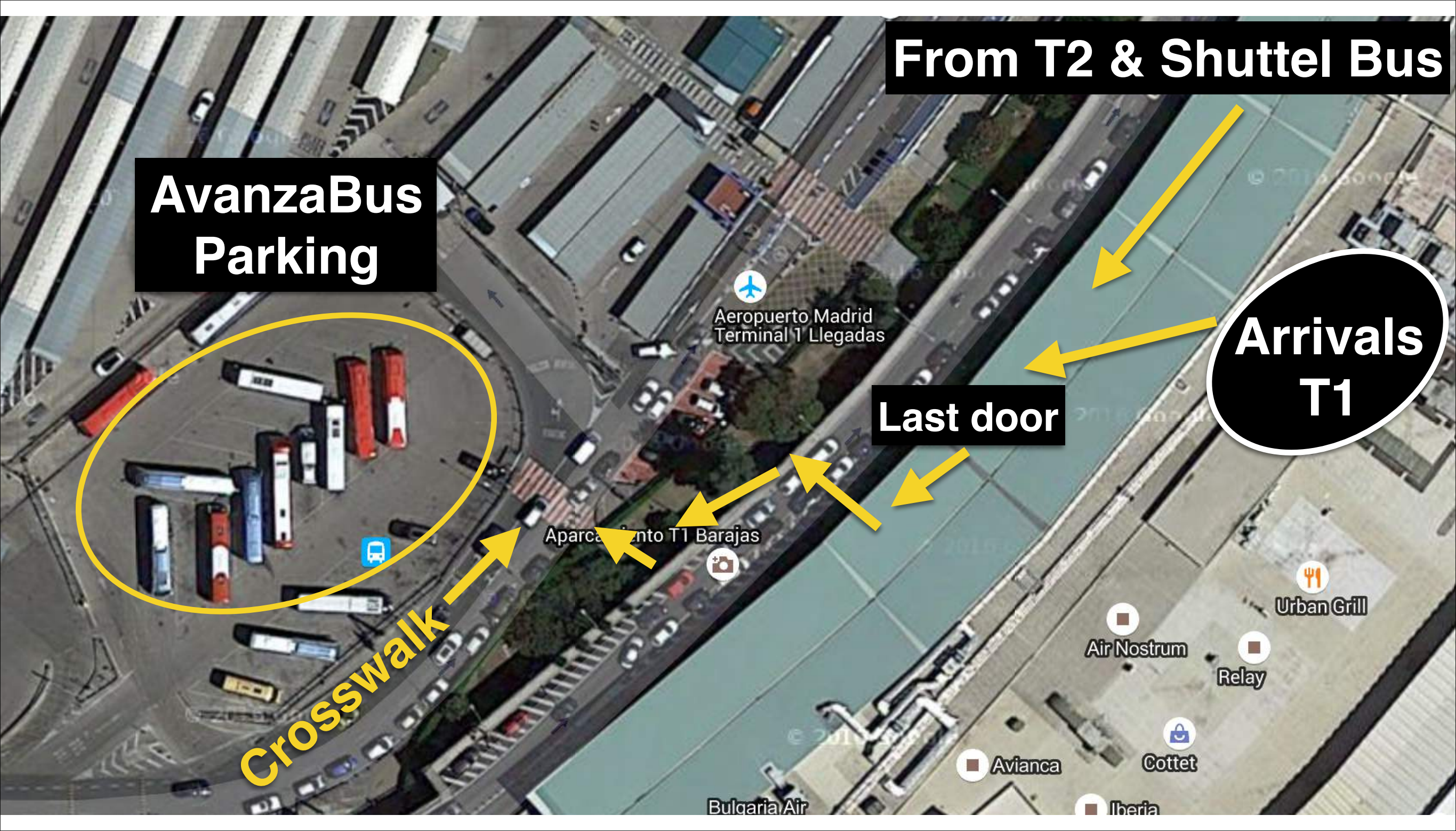
Relay

Avianca

Cottet

Bulgaria Air

Iberia



HAVE A NICE TRIP AND WE SEE YOU IN SALAMANCA!
